



## **Kicks from the penalty mark.**

Kicks from the penalty mark are taken after the match has ended and unless otherwise stated, the relevant Laws of the Game apply.

### **Procedure Before kicks from the penalty mark start**

- The referee will decide which goal the penalty kicks will be taken from.
- A coin toss will occur and the team that wins the toss decides whether to take the first or second kick.
- Only players who are on the field of play at the end of the match are eligible to take kicks.
- Each team is responsible for selecting from the eligible players the order in which they will take the kicks. The referee is not informed of the order.

### **During kicks from the penalty mark**

- Only eligible players and match officials are permitted to remain on the field of play.
- All eligible players, except the player taking the kick and the two goalkeepers, must remain at the midfield line.
- The goalkeeper of the kicker must remain on the field of play, outside the penalty area, on the goal line where it meets the penalty area boundary line.

- An eligible player may change places with the goalkeeper.
- The kick is completed when the ball stops moving, goes out of play or the referee stops play for any offence; the kicker may not play the ball a second time.
- The referee keeps a record of the kicks.

**Subject to the conditions explained below, both teams take five kicks.**

- The kicks are taken alternately by the teams.
- If, before both teams have taken five kicks, one has scored more goals than the other could score, even if it were to complete its five kicks, no more kicks are taken.
- If, after both teams have taken five kicks, the score is tied, kicks continue until one team has scored a goal more than the other from the same number of kicks. (1 kick at a time until a winner)
- Each kick is taken by a different player and all eligible players must take a kick before any player can take a second kick.